

WHAT'S IN YOUR CIG?

CADMIUM
A HIGHLY POISONOUS
METAL USED IN BATTERIES

UREA
FOUND IN PEE

ARSENIC
USED IN RAT POISON

TOBACCO
JUST A HINT

HEAVY METALS
LIKE LEAD AND MERCURY

AMMONIA
IS FOUND IN
CLEANING FLUIDS

RECYCLED TOBACCO
FROM UNSOLD PACKS

FORMALDEHYDE
USED TO PRESERVE
DEAD BODIES.



WHAT YOU SMOKE
"PUFFED" TOBACCO,
STEMS, ROOTS,
AND WHAT
THEY SWEEP OFF
THE FLOOR.
SERIOUSLY.

and over 4,000 other chemicals

Be real, call the Quitline 1-866-NY QUIT (1-866-697-8487)
FREE Patches to help you quit - call now to see if you are eligible