

Answer: ONE

Every cigarette is doing you damage

Call the Quitline
1-866-NY-QUITS
(1-866-697-8487)

Slap Upside Your Pack Reminders!

Ask for your
**FREE PACK
STICKERS**
to help
you quit!

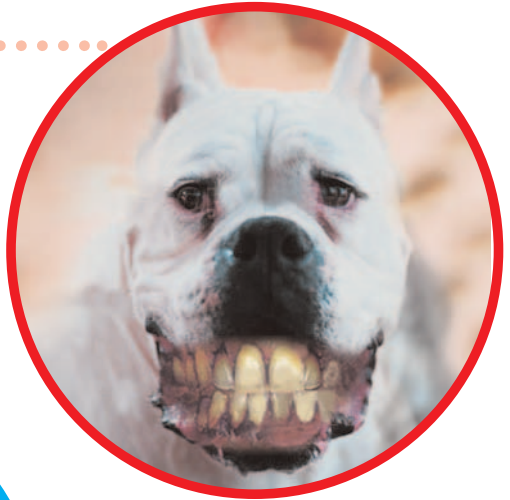


Q. How many cigarettes does it take to...

find the right answer on the ANSWER panel

make your breath stink?

Each puff on a cigarette allows bacteria to grow in your mouth leading to gum disease and doggie breath.



keep you cold all winter?

No smoking anywhere. It's a long cold winter. Brrrrrrrrr.

make you sick?

You'll be sick to know that chemicals like formaldehyde (embalming fluid), urea (pee), and ammonia (cleaner), and are added to your cigarettes. Yum.



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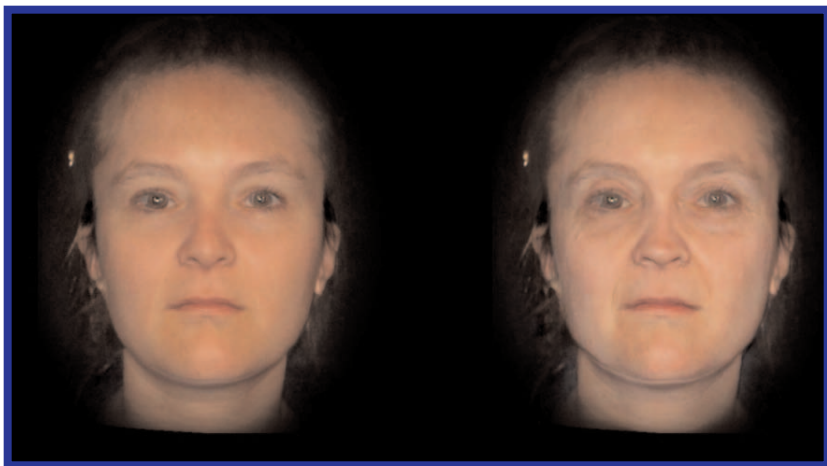


make you date-less and lonely?

A recent study found that smokers are over-represented in computer dating services but are less likely to get selected for a date.

make you look old?

Each puff on a cigarette blocks blood flow to your skin, causing it to wrinkle and age prematurely



non-smoker

smoker

same person, same age