

How many cigarettes does it
take to make you sick?

ANSWER: 1

You'll be sick to know
some companies
add urea (pee)
to cigarettes.

what else
is in
your smokes
?



doingyoudamage.com

Call the Quitline 1-866-NY-QUITS (1-866-697-8487)

See if you are eligible for a FREE starter kit of nicotine patches to help you quit

